



OSHA

10-Hour OSHA Safety Training for General Industry

Earn your OSHA 10-hour completion card with 2 days of in-depth training to increase your understanding of general industry workplace safety

The Occupational Safety and Health Act (OSHA) was designed to protect employees and organizations. Since its inception, workplace injuries and illnesses are down from an average of 10.9 incidents per 100 workers in the 70s to 2.8 per 100 currently. This 2-day interactive online course complies with OSHA's general industry standards to help you earn your OSHA 10-hour training completion card (see requirements below). OSHA General Industry safety training has a twofold effect on your organization: employees will remain safe, healthy and productive, while your organization will be less likely to incur fines, penalties and legal action due to non-compliance.

What You'll Learn

- Recognize, address and prevent safety and health hazards in your workplace.
- Gain insight of workers' rights and employer responsibilities under OSHA.
- Learn ways not following safety standards can cost your organization significant fines, penalties or legal action.
- Identify and eliminate the safety and health hazards that could threaten workers' on-the-job safety.
- Determine how Job Safety Analysis is the key to behavior-based safety.

- Establish record keeping and retention policies and procedures that meet OSHA requirements
- Discover how following OSHA safety standards will increase productivity, minimize on-the-job injuries and reduce workers' comp claims.
- Appropriately conduct investigations of accidents and near-misses.
- Learn what to expect, how to prepare and handle OSHA inspections, citations and appeals.
- Establish effective safety training programs that follow and support OSHA standards.

OSHA Requirements

- A tablet, laptop or desktop computer with keyboard, video camera and microphone capabilities.
- Attendees must participate and be visible to the entire class for all of the 2-day training event.
- Internet connection, broadband wired or wireless (3G or 4G/LTE).
- 2-way audio: speakers and a microphone – built-in or USB plug-in or wireless (note: students can use the microphone and speakers built into a tablet, laptop or desktop computer. Headphones or earphones with a microphone are also recommended, but not required.)
- 2-way video – built in or USB plug-in video web camera (note: students can use the video camera internal to their device or use an external device).
- PDF viewer on device.
- Smartphones will not be permitted as a device to attend this virtual session.