

Microsoft® Copilot for Teams and Outlook

Learn prompt writing, summarization and secure Al use in your workflow



WHO SHOULD ATTEND?

- Business professionals using Microsoft Teams and Outlook
- Managers, team leads and project coordinators
- Trainers, educators and instructional designers
- Anyone seeking practical, hands-on Al skills for workplace productivity
- Organizations rolling out Copilot or updating Al policies



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SEMINAR SUMMARY







Boost productivity with hands-on Copilot training for Teams and Outlook. Learn Al skills for email, meetings, tasks and communication while staying secure and compliant.

Do you worry about missing important information, miscommunicating with colleagues or using Al incorrectly at work? You're not alone — and the solution isn't working harder, it's working smarter with the right tools.

This seminar equips you with practical, real-world skills to confidently use Microsoft Copilot in Outlook and Teams, helping you reduce digital overload, streamline communication and stay productive in an Al-powered workplace.

Whether you're managing inbox chaos, attending back-to-back meetings or trying to keep projects on track, this training gives you the strategies and hands-on practice to succeed.

What You'll Learn:

Understand the essentials of AI and Microsoft Copilot

Build a clear foundation in modern Al tools and workplace automation. Learn:

- What artificial intelligence and generative AI really are
- How Microsoft Copilot works inside the Microsoft 365 ecosystem
- Key differences between Copilot, ChatGPT and other Al assistants
- How businesses use AI to increase productivity and collaboration

Navigate and use Copilot in Teams and Outlook

See exactly where Copilot lives and how to use it effectively in real scenarios:

- Summarize long email threads instantly
- Catch up on Teams chats in seconds
- Use meeting summaries and action lists
- Draft and refine messages directly in Outlook and Teams

Write effective prompts that get meaningful results

Good input equals great output — learn how to:

- Ask clear, structured questions
- Provide context and business goals
- Set tone, format and audience expectations
- Use repeatable prompt templates for common tasks

Recognize and avoid AI mistakes

Develop responsible AI habits and critical thinking skills. You'll learn how to:

- Spot Al hallucinations and logic gaps
- Verify information and evaluate reliability
- Avoid bias and ensure accuracy
- Troubleshoot confusing or incorrect responses

Summarize, organize and manage information

Eliminate information overload. Copilot helps you:

- Summarize meetings, chats and long email threads
- Extract key points and action items
- Track deadlines and responsibilities
- Turn conversations into structured plans

Draft, edit and polish communication Enhance your professional communication with Al support:

- Draft professional messages, responses and follow-ups
- Rewrite for tone (formal, friendly, concise, persuasive)
- Check for clarity, grammar and structure
- Receive coaching and suggestions for improvement

Automate task management and time prioritization

Work smarter — not longer. Learn how to:

- Turn emails into tasks and calendar items
- Prioritize messages and action items
- Prepare agendas and meeting notes automatically
- Use Copilot to plan your day and manage workload

Stay secure, ethical and compliant Protect your data and your organization. Understand:

- Public vs. enterprise Microsoft Copilot
- Data security, privacy and policy considerations
- Safe input practices (company data, sensitive info)
- Ethical use of Al at work

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